



Daaluzoasis

'PATH TO MIDWIFERY'

Curriculum  
2025/26



## Soranys

(sora (Latin for “sister”) and anima (soul/  
spirit), Soranys represents a goddess who  
weaves elemental forces through the soul’s  
intention.)

Artwork by Tiziana Sarah Schindler

Daaluzoasis invites you on a journey:

## THE PATH TO MIDWIFERY

BE part of changing birth for the next generation.....

Our wish at Daaluzoasis is to create a network that can work together to create real change in the birth culture. Here at the Daaluzoasis Temple are apprentices of life, learning from the land, the wise folk and elders who have walked the path.

This 9 months will focus your passion leading you on a journey of the birth warrior!

### On a practical level what will this mean ?

We welcome you to the Daaluzoasis in Órgiva, from the beginning of October until June, 9 months of intense study. Órgiva is a diverse mix of those who have chosen to live, create communities, schools & projects in this magic part of Southern Spain. There are opportunities to live in an established off grid family community near to the school, additional off grid living choices or local housing accommodation.

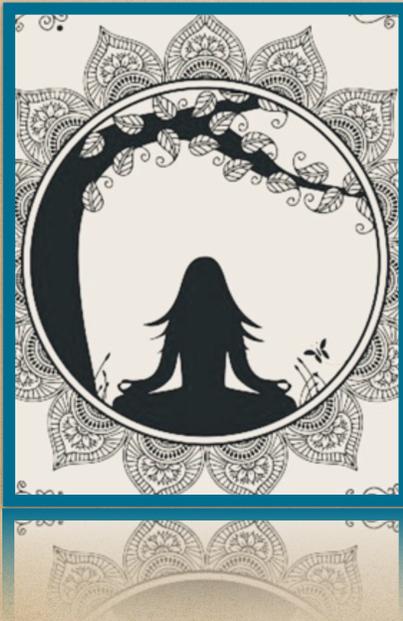
### What is expected of me?

We ask you to honour the Temple and teachers who share this knowledge.

Giving a full commitment to focus on moving forward your passion to support families on a path to gentle birth.

Read on to see what we can offer you 

## Learning & Outcomes



Da-a-luz has designed these 9 months, 30 modules with consideration and care, giving you:

¥ A grounded view of midwifery life & what it could mean for your life.

¥ An understanding of normal physiological birth.

¥ Energetic knowledge of the body.

¥ An extensive skill set to enable you to doula for families.

¥ Ability to teach antenatal classes.

¥ An insight of several complementary therapies.

¥ An opportunity for personal transformation.

WILL I BE A CERTIFIED OR LEGAL MIDWIFE ON COMPLETION OF THIS COURSE?

NO. The only way to be certified is through the present university system in Europe (so a student visa application is not possible, but other types may be available to you if needed)

Here we will guide you to be an autonomous practitioner. Post course your continued learning & practice is fully your own responsibility.

In many countries it is illegal to work in this way.

A growing number of midwives ARE working in this way.

A growing number of families are looking for 'with woman' midwives.

We can provide a network of support for both midwives and families to enjoy the births they wish.

## Fees and Commitments

The full cost of the course (2025/26) is 4000€ for the 30 modules over 9 months.  
Commitment deposit of 500€ (non-refundable) due after successful application.  
The balance of 3500€ due 8th September 2025.

After the 22nd September fees are non-refundable as teachers, core staff & structural essentials are paid.

We offer vegetarian lunches on teaching days at 50€ per 4 weeks for the three lunches.. 🍏

Students are committed to ALL 30 modules unless ill or extraordinary circumstances. A module can not be signed off in your study book if not fully completed, this record of attendance is YOUR responsibility.  
Legitimate missed modules only by prior agreement may be taken again the following year for a reduced fee.

Lessons start promptly at 10am and finish at 5pm. We ask you are NOT late.  
Please arrive by 9.45 to welcome your teacher and settle in for class.

Each Monday we start with an opening circle, you will hold space twice during your time with us to be able to practice this sacred & most valuable skill.

Students take part in a rota system to make the Temple learning space, toilet & winter fire ready. This will entail arriving at 9am on Monday and 9.15 Tuesdays/Wednesday & Wednesday at 5pm for final tidy.  
Winter fire MUST be started & tended to from 8am each day.

During Midwives Rock festival two volunteer places are available or you are welcome to attend for a reduced fee.  
🌱 We ask you to help us tend the garden that will grow food for us all 🌱.

Teaching is Monday, Tuesday & Wednesday 10am-5pm.

Oct	Subject	Teacher	Sign off
6	Initiation Week	Daaluz Team with Guest	
13	Holistic Birth	Deb Rhodes	
20	Holistic Birth	Deb Rhodes	
27	Preparing Families for Birth	Vanessa Brooks	

(Lunch 1-2pm  = payment)

Nov	Subject	Teacher	Sign off
3	The Tribe of the Fearless Warriors	Vanessa Brooks & Ali P	
10	Body Physiology	Janna Kraan	
17	Menstruality & Matrescence	Jady Mountjoy	
24	Reflexology	Anna Bartholomew	Self Care CLOSED

Dec	Subject	Teacher	Sign off
1	Holistic Nutrition	Alev Mizrahi	
8	Emotional Freedom Technique (EFT)	Sam Neffendorf	Self Care CLOSED
15	Winter Holiday		Feedback 1st December 17.30

Jan	Subject	Teacher	Sign off
5	Shiatsu	Fiona Ruddle	
12	Shiatsu	Fiona Ruddle	
19	Contraception & Womb Sovereignty	Lea Neumeyer	CLOSED 
26	Ritual & Ceremony	Samara Hawthorn	

February	Subject	Teacher	Sign off
2	Womb Love	Sofia Abalos Collins	Self Care CLOSED
9	Healing the Wound	Aidrian Wynter & Richard Olivier	CLOSED
16	Homeopathy	Elizabeth Flynn	
23	Homeopathy	Elizabeth Flynn	

March	Subject	Teacher	Sign off
2	Death & Grief	Bates Abbott	CLOSED
9	Herbal Medicine	Sophie Paulding- Kopecky	
16	Herbal Medicine	Sophie Paulding- Kopecky	Feedback 16th 17.30 
23	Spring Holiday		

April	Subject	Teacher	Sign off
30 March	Spring holiday		
6	The Emotional Breast	Krishinda Powers-Duff & Ali. P	
13	Traditional Postpartum	Sol Bernal Ceballos	
20	Traditional Postpartum	Sol Bernal Ceballos	
27	Rebozo	Johanne Jensen	

May	Subject	Teacher	Sign off
4**	Extra Unique Births	Deb Rhodes	**TEACHING: TUES 5 - THURS 7
11	Introduction to Challenges	Deb Rhodes	LP ❤️🏴‍☠️ (15-17th)
18**	Placenta Magic	TBC	**TEACHING: WED 20 - FRI 22
25	Midwifery Life	Vanessa Brooks & Deb Rhodes	🍏 CLOSED

To note: Love Pirates Festival 15-17 May ❤️🏴‍☠️

June	Subject	Teacher	Sign off
1	Student Presentations	Vanessa Brooks & Janna Kraan	



# Temple code

No eating in the Temple.

No phones on (unless on call)

Respect Vanessa and Wibbs's home space, the Temple is their garden!

Return ALL soft cushions & rugs inside everyday

Please bring a lunch bowl and cup with you each session.

No dogs.

Babes in arms only during teaching hours, under 6 months.

Respect the area during teaching hours.

Keep the door closed.

You MUST ask if you wish to use the space outside of teaching hours.

See the Temple as your sacred womb learning space, care  
and love her and the grounds that surround ❤️

## TEMPLE CARE

Please read this and take on board what the Temple needs each day.

Mondays only:

Empty temple of all cushions, rugs, cups.. clean the altar ready for a fresh start.

Sweep/mop floor (mop & bucket are in the wet room next to the toilet)

Make the altar considering the theme of the week..❤️

Sweep the toilet, wipe round, clean sink and make sure toilet roll and straw.

Sweep the Temple steps and water the plants around the door.

Connect with the teacher that week and their needs.

Tuesday & Wednesday:

Arrange the rugs & cushions with awareness of what is needed that day.

Check flowers on alter are fresh, make tea.

Wednesday 5pm

Ensure the Temple is left looking beautiful after class.

Clear all cups and flowers.. lost property into the kitchen, sweep the temple steps.

Check around for rugs left outside....

In the winter months (?Dec but Jan, Feb, Mar) by 8am latest, lighting & tending the fire prior to class.

We would appreciate your help in the garden to grow veg for lunch! A few hours weeding is so great.

This nurturing of the Temple; your sacred space of learning will deepen your experience here, we ask you are committed throughout the year to these tasks with love and tenderness for this magical space. If you are unable to attend please take responsibility to find another student to take your place.